



# Parra Natta

Meeting No: 1229

Parramatta Toastmasters Club 2274

## Theme

Effective Communication

## Welcome

We are pleased to welcome our guests

- Machei Housaini
- Delani Madonsela
- Adriano Colosimo
- Clare Walker
- Tone Dunn
- Joseph Boutros
- Tam Dirckze
- Nicole Yang
- Kumi Matsunobo

We look forward to your next visit.

Would you like to speak to a member about Parramatta Toastmasters?

Michael Said, the club's Vice-President of Membership is more than happy to take your calls or emails about attending a club meeting or general enquiries about the club

Mobile:  
04 19 522 949

Email  
[VPM@parramattatm.org.au](mailto:VPM@parramattatm.org.au)  
or [Michael Said Email](mailto:Michael Said Email)

Contact  
Do you have goals that you would like to achieve? Contact Kirisha, VPE to discuss your targets at [VPE@parramattatm.org.au](mailto:VPE@parramattatm.org.au)

## And then they ran the meeting with effective communication

'Sincere, not a meeting report with limited personal stories', was how the ['Not Just Any Woman'](#) blog was described by the blog evaluator.



Our stand-in [Toast](#) presenter, Malkit B made a toast to Generation Y. He believes it is their time, it's their generation.



Using the theme of imagination, the [Table Topics](#) master, Joan A, crafted 10 imaginative tables topics. Ron M, the table topics winner described his boring life as a clock on the wall.



It was also great to see a speechcrafter step-up and perform odd-numbered speakers evaluator role for Table Topics. Clare W, was confident and performed a well-rounded evaluation. It's great to see a [Speechcraft](#) graduates do so well after completing the [speechcraft course](#).



In his opening speech, [Chairman 2](#), Peter S, talked about being a proud parent as his son scored 15/20 for his speaking presentation. Our stand-in Parliamentarian, praised Peter by saying, 'Peter, you are coming out well as Chairman 2. Keep going.'



The frivolous [motion](#) 'That being a frivolous motion, has no place in the meeting and should be scraped'. A nice try by Mrinal S, unfortunately after a lengthy

debate between club members, the motion was lost.

Our [General Evaluator](#), Robyn P gave a clear and succinct evaluation of the first half with plenty of actionable recommendations.

Our [Larfmaster](#), presented an Irish joke, which is paraphrased here. "Paddy McCoy an Irish farmer received a letter from the Department of Work and Pension stating that he wasn't paying his employees the statutory minimum wage. One day an inspector from the Department turned up and said to Paddy, 'Tell me about your staff?' He explained briefly about his staff till he came to the half-wit. Paddy said, 'He works 18 hours a day, does 90% of the work, earns \$25 a week with a bottle of scotch and if he is really lucky, he scores with the missus.' That's disgraceful and I need to interview this half-wit,' said the inspector. In response, Paddy said, 'That will be me then.'



So you want to be a better speaker?

The best way to become a better speaker is to take every opportunity offered you to speak. If you are in a meeting raise your hand to contribute. At a workshop, step up to the stage when they ask for a volunteer. Go to networking events and practice your impromptu presentation skills.

Say "yes" to every presentation opportunity that comes your way.

### Tips to be a better speaker:

1. Say "yes" to every opportunity to speak.
2. Focus on connecting to your audience not speaking at your audience.
3. Focus on one [big idea or goal](#) for your audience.
4. [Get to know your audience](#) before you start preparing your presentation.
5. Tell stories.
6. Work diligently on your transitions between main point.
7. [Get feedback](#) on your speaking from everyone.
8. Realise that not all feedback is created equally.
9. [Expect to be nervous before you speak](#).
10. Smile – audiences love it when you smile.
11. [Practice, practice, and then practice some more](#).
12. Prepare early.
13. Ask questions throughout your presentation.
14. Craft an [engaging introduction](#).

15. Have ONE clear call to action.
16. Know your introduction cold – it's when you will be most nervous.
17. Spend as much time on your introduction as you do on your conclusion. It's what your audience will remember most.
18. Don't let your [PowerPoint serve as a teleprompter](#)
19. Make eye contact – it says to your audience "I see you." Don't we all want to be seen?
20. Tie your conclusion in with your introduction.



21. Unbridle your enthusiasm.
22. Let your personality shine.
23. Find humour. Never add humour to your speeches.
24. [Mistakes in presentations](#) are larger in your own head than in the mind of your audience.
25. Gestures, vocal variety, rate, use of stage [enhance your message](#).

26. Don't strive for perfection in speaking – strive for connection.
27. Remember speaking is not about you. It's about the audience.
28. Breathe before you start speaking (there's nothing worse than starting your presentation out of breath!)
29. Let your audience emotionally connect with your message not just logically connect.
30. Show up to your speaking venue early.
31. Test your technology before the presentation.
32. Have a Plan B if your tech does not work.
33. Have fun.
34. Be vulnerable – vulnerability is the [key to authentic speaking](#)
35. Get a [coach](#).
36. Take an improv class.
37. Your story, [your message is important](#). Speak it!

I hope that one or more of these suggestions helped you become a better speaker.

### About Dr. Michelle Mazur

Speech Coach and Presentation Skills Trainer Dr. Michelle Mazur guides driven-to-succeed business professionals and independent business owners to ignite the smouldering fire within to speak up, speak out and make their impact – one compelling presentation at a time. Michelle is also a mom to two cats, '80's lover, punk rock idealist and Anglophile. More information on Dr. Mazur, [click here](#)

## Receiving Multiple Magazines?

Many members receive extra copies of the *Toastmaster* magazine each month because they belong to more than one club.

If you receive **duplicate copies** of the *Toastmaster* magazine each month due to multiple club memberships or family members who are also in clubs, there are several ways those extra magazines can bring new members into your club.

Click on this [suggestions](#) link to find some creative and exciting ways to use your extra magazines.

If you prefer to receive your magazine only in digital form, or to cancel extra subscriptions, please notify [membership@toastmasters.org](mailto:membership@toastmasters.org). Include your name or member number and a staff member will update your records.



## Memorable Comments

1. Michael S: 'Ron finally found a table topics where he could use his hands with purpose.'
2. Tom C: 'Don't know if it's more daunting to evaluate Elizabeth or go after Gary?'
3. Robyn P: 'The role of a Larfmaster is sometimes underestimated.'
4. David K: 'Multi-cultureism is not working in Europe but not in Australia.'

## Award Winners

### Best Table Topics

Ron Marriott

### Best Speech

David King

### Best Evaluator

Tom Cummins

## New Club's Mission

**The Mission** of a Toastmasters club is to provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.

Find us on



## Contact

To share any exciting news or to submit an article for Parra Natta, contact Jeeven Jayanathan VPPR [vppr@parramattatm.org.au](mailto:vppr@parramattatm.org.au)



## Announcements

### Where Leaders Are Made Panel

"I've always admired leaders. They influenced who I was and who I was becoming because I aspired to walk in their footsteps. And, so, I committed myself to becoming one," unknown.

If you inspire to become a leader, don't miss out on this special Leadership Panel Discussion conducted by past District Governor Ian Chick, DTM on **Sunday, 17 March 2013**.

You will have the opportunity to ask questions and hear from others who have stepped up and grown as part of taking on a leadership role at Club, Area, Division and District levels.

**Where:** Wenty Leagues Club, 50 Smith Street, Wentworthville, NSW 2145

**Time:** 10:30am—11:30am (registration at 10:15am)

**When:** Sunday, 17 March 2013

**Contact:** Western Division Governor, Glen D'Cruz

[wdiv@d70toastmasters.org.au](mailto:wdiv@d70toastmasters.org.au) or **0413291129**

### Parramatta Toastmasters to Compete in Division Contest

Only nine (9) sleeps till the Western Division Contests.

Come, cheer and support our very own David Griffiths and Alicia Denis, in the International Speech and Evaluation Contest (respectively) at Parramatta Workers Club.

I'm sure David and Alicia will be excited to see their army of friends and club members there to support them.

Date: Saturday, 23 March 2013

Time: 6:30pm (briefing 6:00pm)

Due: Registration & Confirmation due by **15 March 2013**

**For full details visit** 'What's On' section on D70 [web-site](#).



**David Griffiths & Alicia Denis**  
showing off their Area 13 trophies

### Policy and Protocol Updates—by Toastmasters International

During the February 2013 Board of Directors meeting, the following documents were updated:

- District Administrative Bylaws
- Protocol 7.0: District Structure
- Policy 8.6: Use of Reserve Funds
- Protocol 9.0: District Campaigns and Elections
- Policy 9.1: International Campaigns and Elections
- Policy 11.4: Board of Directors Committees

The Board of Directors also established the following new policy:

- 1.1: Mission Statements, Values, and Envisioned Future

The established and revised documents can be found at [www.toastmasters.org/policyprotocol](http://www.toastmasters.org/policyprotocol). To learn what changes were made, please read the [February 21-23, 2013 meeting minutes](#).

**Join Us For Our Next Meeting**

**21 March 2013—The Swinging Sixties**